

Mercy Hospital School of Nursing

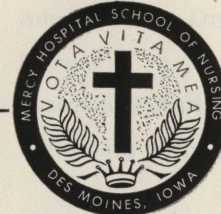
BULLETIN
1958 - 1960

1156 Fifth Avenue

Des Moines, Iowa

Mercy Hospital
School of Nursing

1165 Fifth Avenue
Des Moines 14, Iowa
CH 4-2224



Mercy Hospital
School of Nursing

Conducted by
The Religious Sisters of Mercy
Province of Omaha

Modern science and modern medicine have provided the nurse with better techniques for her ministrations to the sick, but neither have improved upon the ideals which have animated nurses since the dawn of Christianity. Emphasis on these ideals have raised the nursing profession to its present high esteem. As nurses continue to maintain a proper balance between ideals and science, they will add glory to their profession and will ultimately share the eternal joys of heaven with Him who said, "Amen I say to you, as long as you did it to one of these My least brethren, you did it to Me." (Matthew, 25:40)

—Selected

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THREE YEAR SCHOOL CALENDAR

1958 - 1961

1958 - 1959

AUTUMN SEMESTER

*Labor Day	Sept. 1 (Mon)
New Students' Orientation	Sept. 8-12 (Mon - Fri)
Classes begin	Sept. 15 (Mon)
**Feast of Our Lady of Mercy	Sept. 24 (Wed)
**Feast of All Saints	Nov. 1 (Sat)
Thanksgiving Recess begins at 12:00 Noon	Nov. 26 (Wed)
*Thanksgiving Day	Nov. 27 (Thur)
Thanksgiving Recess ends at 7:00 a.m.	Dec. 1 (Mon)
**Feast of the Immaculate Conception	Dec. 8 (Mon)
Christmas Recess begins after last class	Dec. 20 (Sat)
*Christmas Day	Dec. 25 (Thur)
*New Year's Day	Jan. 1 (Thur)
Christmas Recess end at 7:00 a.m.	Jan. 5 (Mon)
Semester Examinations	Jan. 17, 19 - 22 (Sat., Mon - Thur)
Retreat	Jan. 22-25 (Thur - Sun)

SPRING SEMESTER

Registration	Jan. 27-28 (Tue - Wed)
Classes Begin	Jan. 29 (Thur)
Easter Recess begins after last class	Mar. 26 (Thur)
*Easter	Mar. 29 (Sun)
Easter recess ends at 7:00 a.m.	Mar. 31 (Tue)
Retreat	Apr. 2-5 (Thur - Sun)
**Feast of the Ascension	May 7 (Thur)
Semester Examinations	May 23, 25 - 28 (Sat., Mon - Thur)
*Memorial Day	May 30 (Sat)
Freshman Examination	June 1-15

SUMMER SESSION

Classes Begin	June 15 (Mon)
*Independence Day	July 4 (Sat)
Summer Session Examinations	Aug. 7 (Fri)
Graduation	Aug. 16 (Sun)
*No Classes	
**No Classes in Home School	

1959 - 1960

Sept. 7 (Mon)
Sept. 14-18 (Mon - Fri)
Sept. 21 (Mon)
Sept. 24 (Thur)
Nov. 1 (Sun)
Nov. 25 (Wed)
Nov. 26 (Thur)
Nov. 30 (Mon)
Dec. 8 (Tue)
Dec. 19 (Sat)
Dec. 25 (Fri)
Jan. 1 (Fri)
Jan. 4 (Mon)
Jan. 23, 25 - 28 (Sat., Mon - Thur)
Jan. 28-31 (Thur - Sun)

Feb. 2-3 (Tue - Wed)
Feb. 4 (Thur)
Apr. 14 (Thur)
Apr. 17 (Sun)
Apr. 19 (Tue)
Apr. 21-24 (Thur - Sun)
May 26 (Thur)
May 28, 31 - June 3 (Sat., Tue - Fri)
May 30 (Mon)
June 6-20

June 20 (Mon)
July 4 (Mon)
Aug. 12 (Fri)
Aug. 14 (Sun)

1960 - 1961

Sept. 5 (Mon)
Sept. 12-16 (Mon - Fri)
Sept. 19 (Mon)
Sept. 24 (Sat)
Nov. 1 (Tue)
Nov. 23 (Wed)
Nov. 24 (Thur)
Nov. 28 (Mon)
Dec. 8 (Thur)
Dec. 21 (Wed)
Dec. 25 (Sun)
Jan. 1 (Sun)
Jan. 5 (Thur)
Jan. 21, 23 - 26 (Sat., Mon - Thur)
Jan. 26-29 (Thur - Sun)

Jan. 31 - Feb. 1 (Tue - Wed)
Feb. 2 (Thur)
Mar. 30 (Thur)
April 2 (Sun)
Apr. 4 (Tue)
Apr. 6-9 (Thur - Sun)
May 11 (Thur)
May 27, 29, 31 - June 2 (Sat., Mon., Wed - Fri)
May 30 (Tue)
June 5-19

June 19 (Mon)
July 4 (Tue)
Aug. 11 (Fri)
Aug. 13 (Sun)

ADMINISTRATIVE ORGANIZATION

Board of Directors	Mother General and Council Mother Provincial and Council
Hospital Administrator	Sister Mary Anita, R.S.M.
Chaplain	Reverend Lloyd Connolly
Director, School of Nursing	Sister Mary Sebastian, R.S.M.
Director of Education	Sister Mary Lorraine, R.S.M.
Administrative Board	Sister Mary Anita, R. S. M. Sister Mary Pauline, R.S.M. Sister Mary Joseph, R.S.M. Sister Mary Lorraine, R.S.M. Sister Mary Herbert, R.S.M. Sister Mary Sebastian, R.S.M.
Standing Committees of the Faculty	
Executive	Chairman, Sister Mary Sebastian, R.S.M.
Admissions and Promotions	Chairman, Sister Mary Sebastian, R.S.M.
Curriculum and Records	Chairman, Sister Mary Lorraine, R.S.M.
Library	Chairman, Miss Stella McGuire
Student Personnel	Chairman, Sister Mary Lorraine, R.S.M.

FACULTY

Ruth Adair, R.N.	Assistant Instructor in Nursing Student Health Nurse Mercy Hospital School of Nursing, Des Moines, Iowa Undergraduate Study, Drake University, Des Moines, Iowa
Margaret Creighton, R. N.	Instructor in Nursing St. Vincent's Hospital School of Nursing, Sioux City, Iowa Undergraduate Study, Briar Cliff College, Sioux City, Iowa
Norma Disney, R.N.	Instructor in Nursing Mercy Hospital School of Nursing, Council Bluffs, Iowa Post-Graduate Study, Obstetrical Nursing, Margaret Hague Maternity Hospital, Jersey City, New Jersey
Lorraine Dowdell, R. N.	Instructor in Nursing Charity Hospital School of Nursing, New Orleans, Louisiana Undergraduate Study, Louisiana State University, New Orleans, Louisiana

Sister Mary Herbert, R.S.M., R.N.	Director of Nursing Services Mercy Hospital School of Nursing, Council Bluffs, Iowa B. A. Mount St. Scholastica, Atchinson, Kansas
Eleanor Kapfer	Instructor in Nutrition and Diet Therapy B. S. University of Minnesota, St. Paul Minnesota
Sister Mary Lorraine, R.S.M., R.N.	Director of Education Instructor, Pharmacology I Mercy Hospital School of Nursing, Des Moines, Iowa B.S.N. College of Saint Mary, Omaha, Nebraska M. A. Creighton University, Omaha, Nebraska Advanced Study, Saint Louis University, St. Louis, Missouri
Stella McGuire	Librarian Undergraduate Study, State University of Iowa, Iowa City, Iowa Library Science, Loyola University, Chicago, Illinois
Joan Melvin, R.N.	Instructor in Nursing Mercy Hospital School of Nursing, Des Moines, Iowa Undergraduate Study, Drake University, Des Moines, Iowa St. Ambrose College, Davenport, Iowa
Lynnetta Perkins, R.N.	Instructor in Nursing B.S.N. Loretto Heights College, Loretto, Colorado St. Anthony's Hospital Unit, Denver, Colorado
Sister Mary Sebastian, R.S.M., R.N.	Director, School of Nursing Instructor, Professional Adjustments Mercy Hospital School of Nursing, Council Bluffs, Iowa B.S.N. Creighton University, Omaha, Nebraska Graduate Study, Catholic University, Washington, D. C.
Leona Sweeney, R. N.	Instructor in Nursing St. Joseph's Mercy Hospital School of Nursing, Fort Dodge, Iowa Undergraduate Study, Drake University, Des Moines, Iowa
Sister Mary Therese, R.S.M., R.N.	Instructor in Nursing Mercy Hospital School of Nursing, Valley City, North Dakota B.S.N. Creighton University, Omaha, Nebraska
Mary Ann Wahl, R.N.	Instructor in Nursing Creighton Memorial St. Joseph's Hospital School of Nursing, Omaha, Nebraska B.S.N. Creighton University, Omaha, Nebraska
Margaret Elaine White, R. N.	Instructor in Nursing Mercy Hospital School of Nursing, Des Moines, Iowa B.S.N. St. Ambrose College, Davenport, Iowa
Sister Mary Zita, R.S.M., R.N.	Supervisor—Obstetrics Instructor in Nursing Mercy Hospital School of Nursing, Council Bluffs, Iowa Undergraduate Study, Creighton University, Omaha, Nebraska and Drake University, Des Moines, Iowa

ASSOCIATE FACULTY

Marie Bloomquist, R.N. Head Nurse, Medical Nursing
Mercy Hospital School of Nursing, Des Moines, Iowa

Louise Brady, R.N. Head Nurse, Maternity Nursing
Mercy Hospital School of Nursing, Des Moines, Iowa

Bernadine Brown, R.N. Head Nurse, Surgical Nursing
Mercy Hospital School of Nursing, Des Moines, Iowa

Catherine Callahan, R.N. Head Nurse, Maternity Nursing
Mercy Hospital School of Nursing, Des Moines, Iowa

Rev. Michael Churchman Instructor in Philosophy
B.A. St. Paul Seminary
M.A. Creighton University, Omaha, Nebraska
Graduate Study, Loyola University, Chicago, Illinois

Sister Mary Concepta, R.S.M., R.N. Supervisor, Medical Nursing
Mercy Hospital School of Nursing, Council Bluffs, Iowa

Rev. Lloyd Connolly Instructor in Religion
B.A. Benedictine Abbey, Conception, Missouri

Elizabeth Hammes, R.N. Head Nurse, Surgical Nursing
Mercy Hospital School of Nursing, Des Moines, Iowa

Lillie Hayes, R.N. Assistant Director, Nursing Service
Mercy Hospital School of Nursing, Des Moines, Iowa

Margaret Haywood, R.N. Supervisor, Out-Patient Department
Mercy Hospital School of Nursing, Des Moines, Iowa

Barbara Holland, R.N. Assistant Director, Nursing Service
Mercy Hospital School of Nursing, Des Moines, Iowa

Sister Mary Joseph, R.S.M., R.N. Supervisor, Medical-Surgical Nursing
Mercy Hospital School of Nursing, Council Bluffs, Iowa
Post Graduate Study, Medical Technology, Creighton Memorial
St. Joseph's Hospital, Omaha, Nebraska

Bertha Loar, R. N. Head Nurse, Surgical Nursing
Broadlawns Polk County Hospital School of Nursing, Des Moines, Iowa

Irene Mary Michels, R.N. Head Nurse, Pediatric Nursing
St. Mary's Hospital School of Nursing, Rochester, Minnesota

Marlys McCoy, R.N. Assistant Director, Nursing Service
State University of Iowa, Iowa City, Iowa

Sister Mary Pauline, R.S.M., R.N.A. Supervisor, Surgery
Mercy Hospital School of Nursing, Council Bluffs, Iowa
Post Graduate Study, Surgery, Mary Immaculate Hospital,
Jamica, New York

Marjorie Perley, R.N. Supervisor, Surgical Nursing
Mount Mercy Hospital, Cedar Rapids, Iowa

Leona Radford, R.N. Head Nurse, Medical-Surgical Nursing
St. Joseph's Mercy Hospital, Dubuque, Iowa

Dorothy Smith, R.N. Head Nurse, Maternity Nursing
Mercy Hospital School of Nursing, Des Moines, Iowa

Julia Stitt, R.N. Head Nurse, Surgical Nursing
Mercy School of Nursing, Des Moines, Iowa
Post-Graduate Study, Massachusetts General Hospital,
Boston, Massachusetts

Sister Mary Timothea, R.S.M., R.N. Supervisor, Pediatrics
Instructor in Nursing
Mercy Hospital School of Nursing, Denver, Colorado
B.S.N. College of Saint Mary, Omaha, Nebraska

Mildred Torrence Dietitian
B.S. Iowa State College, Ames, Iowa

Mildred Walker, R.N. Head Nurse, Surgery
Mercy Hospital School of Nursing, Des Moines, Iowa

AFFILIATING SCHOOLS AND AGENCIES

DRAKE UNIVERSITY, DES MOINES, IOWA

Irmundine Breymann, B.S., M.S.	Lecturer, Sociology
William H. Coppock, B.S., M.S., Ph.D.	Professor, Chemistry
William L. Frantz, B.S., M.S., Ph.D.	Assistant Professor, Biology
Alma M. Miller, R.N., B.A.	Coordinator, Nursing Education
Rodney A. Rogers, B.S., M.S., Ph.D.	Assistant Professor, Biology
William A. Teppert, B.S., M.S., Ph.D.	Assistant Professor, Pharmacology

ST. BERNARD'S HOSPITAL SCHOOL OF NURSING,
COUNCIL BLUFFS, IOWA

W. E. Ash, M.D.	Instructor, Psychiatry
Sister Mary Cecily, R.S.M., B.S.N.	Assistant Director, Nursing Education
R. B. Leander, M.D.	Instructor, Psychiatry and Mental Hygiene
J. D. Mahoney, M.D.	Instructor, Child Guidance and Mental Hygiene
Sister Mary Stella, R.S.M., R.N., B.S.	Director, Nursing Education

ST. JOSEPH PRE-SCHOOL, DES MOINES, IOWA

Sister Mary Edmunda, B.V.M., B.A.	Director, Pre-School
Sister Mary Hugh David, B.V.M., B.A.	Instructor
Mary Cecelia Sheehan, B.A.	Instructor

PRE-NATAL CLINIC, DOCTORS' OFFICES, DES MOINES, IOWA

M. P. Lawler, M.D.	Instructor
H. A. Sohm, M.D.	Instructor

MERCY HOSPITAL

Mercy Hospital is a Catholic General Hospital conducted by the Sisters of Mercy. It was founded November 26, 1893 by Mother Mary Baptista Martin and six other Sisters. There have been three additions made to the original building located at Fourth and Ascension and a fourth addition is now in progress.

The bed capacity at the present time is 200, plus thirty bassinets. With the completion of the new addition it will be three hundred beds plus sixty bassinets. The institution is listed as one of the largest Catholic Hospitals in Iowa. It offers facilities for the care of medical, surgical, obstetrical, orthopedic, urological and pediatric patients in segregated divisions. Personalized nursing service is provided for patients in private, semi-private rooms and in small wards. Each department is equipped and operated to give the most efficient and scientific health service possible.

MERCY HOSPITAL SCHOOL OF NURSING

Mercy Hospital School of Nursing was established in 1899, six years after the erection of the Hospital. In 1901 the first class of seven nurses was graduated. Since then over 1,100 young women have merited the gold and blue pin of the school and have qualified as registered nurses. The present enrollment is 111 students.

A three months affiliation in psychiatric nursing was provided in 1938, by St. Bernards Hospital, Council Bluffs, Iowa. A two weeks affiliation in the care of the well child was provided in 1957 by St. Joseph's Pre-School, Des Moines, Iowa as a part of the Pediatric Experience. An eight hour affiliation in pre-natal care was provided in 1957 by Drs. Sohm and Lawler as a part of the Obstetrical experience. Course affiliations were arranged with Drake University in 1948. The science courses have been taught by Drake University faculty members on Drake Campus since that time.

Mercy Hospital School of Nursing is located in a modern building at 1165 Fifth Avenue. The educational unit of the school is conveniently located on the first floor. This unit consists of three large air-conditioned lecture rooms, a faculty conference room, offices, and the school library. Floors from the second to the fourth are students' quarters. Each floor has attractively furnished double bedrooms, bathrooms, and a kitchenette. Among the advantages provided in the nurses' residence are: a large laundry on the ground floor, equipped with automatic washer, electric dryer, and ironing facilities; reception rooms; recreation room; Chapel; and a large auditorium. Near the back entrance is an outdoor grill where picnic suppers and wiener roasts are enjoyed during the summer.

ACCREDITATION AND MEMBERSHIP

Mercy Hospital has the full approval of the Joint Commission on Accreditation of Hospitals. It is also approved by the Council on Medical Education and Hospitals of the American Medical Association for Internship; Residency in Pathology; and Training in Medical Technology. The hospital holds membership in the Catholic Hospital Association; the American Hospital Association; and the Iowa Hospital Association.

Mercy Hospital School of Nursing is recognized and approved by the Iowa State Board of Nurse Examiners. The school also has full accreditation of the National Nursing Accrediting Service.

Mercy Hospital School of Nursing holds membership in the Conference of Catholic Schools of Nursing and in the National League for Nursing.

"PHILOSOPHY OF LIFE THAT GOVERNS MERCY HOSPITAL SCHOOL NURSING"

Our School of Nursing is founded upon Catholic philosophy. We believe in the existence of God and the divinity of Christ. We also believe that every individual is created by God and is composed of body and soul, united in an essential unit, possessing a free will and an intellect for the purpose of serving God on earth and through this service attaining eternal happiness in Heaven.

Guided by this philosophy the program must be unified so that the efforts of the school may result in a nurse excellent in her profession and actively zealous in the service of the sick; a woman of culture, refinement and of exemplary life; above all, a person of practical faith and piety.

As a Mercy institution, the school furthers the spirit of Mother Mary Catherine McAuley, and the ideals of the Sisters of Mercy, as expressed in Mother McAuley's words: "Nursing is regarded not as a mere professional service but as a gracious work of mercy in which the nurse administers to Christ in the service of the poor, sick and suffering."

OBJECTIVES

To select well qualified applicants and to develop and guide them so that they will give their best service to society and thus enrich and ennoble their own lives.

To educate the student in the science and theory necessary to care for the total needs of the patient.

To strengthen in the student "Christ-like" principles that she may bring spiritual and ethical interpretation to nursing problems and to her own life.

To prepare the student to cooperate with others in the promotion of health and the prevention of disease.

To stimulate an interest in and a desire for further professional study and advancement.

To assist the student in acquiring such professional knowledge, skills and attitudes on a Christian basis that will qualify her for the following positions:

1. General staff nursing.
2. Private duty nursing in the hospital and home.
3. Military nursing.
4. Limited areas of psychiatric staff nursing and nursing in doctors' offices or clinics.

ADMISSIONS

One class of students is admitted annually in September. The Committee on Admissions and Promotions examines and evaluates the credentials of each applicant before she is accepted as a student.

An applicant must be at least seventeen years of age. Preference will be given to single women, however males and married women will be given consideration. Qualified applicants of any creed, race or color are eligible.

High moral principles, seriousness of purpose and emotional maturity are paramount to a successful nursing career. A personal interview and two letters of recommendation assist the administration in evaluating the applicant's character and personality.

Good health is essential. To ascertain her state of health the applicant must pass a health examination given by a physician on the hospital staff or any physician approved by the Staff Student Health and Education Liaison Committee. This examination includes a complete physical examination, a blood count, urinalysis, and serology. Required immunization and dental work are to be done by the family physician and dentist. X-ray of the chest and a Mantoux Test will be done after admission. After the applicant has been accepted as a possible candidate for the school she will be notified of the scheduled date for her physical examination.

An applicant must have successfully completed a minimum of fifteen units in an accredited secondary school and rank in the upper half of her graduating class. The following are recommended:

English	4 units
Science	3 units
Mathematics	2 units
Foreign Language	2 units
Social Sciences	2 units

In addition to meeting the above entrance requirements the applicant is required to take Pre-nursing and Guidance examinations. Scores made by the applicant in these tests will be considered in determining eligibility for admission to the school.

Application forms may be secured by writing to:

Director, School of Nursing
1165 Fifth Avenue
Des Moines, Iowa

A COMPLETE APPLICATION INCLUDES:

1. Completed application blank.
2. A photostatic copy of birth certificate or a birth record issued by the District Court.
3. TWO high school transcripts giving the number in the graduating class and the applicant's rank in the class.
4. TWO transcripts of college credits if the applicant has attended college.
- *5. Report of physical examination, including immunization against Smallpox, Tetanus, Typhoid, and Poliomyelitis.
- *6. Report of dental examination.
- *7. Three forms, "Estimate of Behavior Traits" completed by instructors or advisors who know the applicant.
8. Two letters of recommendation. (One from the applicant's pastor).
9. A record of the pre-nursing tests.
10. A personal interview.

*Forms furnished by the school.

NURSING EDUCATION COSTS

<u>REGISTRATION</u>	10.00	10.00	
<u>FIRST YEAR</u>			
<u>First Semester</u>			
Tuition to Drake	126.00		
Breakage Deposit	<u>5.00</u>	131.00	
Tuition to School	50.00		
Library Fee	5.00		
Activity Fee	<u>5.00</u>	60.00	<u>191.00</u>

(Costs for books, uniforms, and transportation will be approximately 125.00)

<u>Second Semester</u>			
Tuition to Drake	90.00		
Tuition to School	<u>50.00</u>	140.00	<u>140.00</u>

(Costs for books, cape, and transportation will be approximately \$100.00)

<u>SECOND YEAR</u>			
Tuition	50.00		
Library Fee	5.00		
Activity Fee	5.00		
N.L.N. Achievement Tests	10.00		
Affiliation Fee	<u>10.00</u>	80.00	<u>80.00</u>

(Costs for books will be approximately \$20.00)

<u>THIRD YEAR</u>			
Tuition Fee	50.00		
Library Fee	5.00		
Activity Fee	5.00		
Graduation Fee	<u>15.00</u>	75.00	<u>75.00</u>

The School of Nursing provides the student with complete maintenance, which includes board, room, and laundering of uniforms. If a student leaves before the end of the third semester, the school makes a charge of \$10.00 per week for the first six months, for board and room.

The student furnishes three single white sheets, size 63" x 99", two pillow cases, and blankets for her own use.

A student who brings a radio or record player will be required to pay a fee of \$1.00 per semester.

LOANS AND SCHOLARSHIPS

Through the generosity of persons interested in the School of Nursing, a limited number of loans are available each year for students entering the school. A letter stating one's reason and need for help is required in applying for a loan. Loans are granted on the basis of need and qualifications.

The American Cancer Society and other organizations also sponsor a number of applicants to Iowa Schools of Nursing each year. Information about these scholarships and loans may be secured from the School of Nursing.

WITHDRAWAL POLICIES

Upon recommendation of the Faculty and with the advice of the Administrative Board the Director of the School may request the withdrawal of a student whose school loyalty, personal conduct, influence, nursing practice or scholarship makes it inadvisable for her to remain in the school of nursing.

If for personal reasons the student wishes to resign from the school, she may do so by writing a letter of resignation stating her reasons for withdrawal and personally presenting this to the Director. Any student who withdraws before completing the three-year course will be expected to take care of her financial obligation to the school before she will be considered in good standing. The nurse's cape and uniforms remain the property of the school.

If a student leaves before the end of the third semester the school makes a charge of \$10.00 per week for board and room for the first six months.

PROMOTION POLICIES

A student advances from one semester to the next who satisfactorily completes the prescribed courses of the semester, passes examinations, demonstrates ability in nursing and, in the opinion of the faculty, is personally fitted to assume the responsibilities of the nursing profession. A student who is not giving evidence of satisfactory progress will be notified, and if at the end of six months after notification no improvement is noted, she will be asked to withdraw from the school.

In order to advance from one semester to the next, the student is expected to maintain a "C" average in theory and in practice.

The following grading system is used to indicate the relative standing of a student in her class.

	Grade Points
A—Superior 93-100	4
B—Above Average 87-92	3
C—Average 80-86	2
D—Passing 75-79	1
E—Condition	0
F—Failure	-1

If a student fails a course of study but still maintains a "C" average, she must repeat the course at a cost of \$1.00 per course hour. A charge of \$2.00 will be made for repeating a final examination.

A failure of a course in the pre-clinical period warrants withdrawal.

Upon satisfactory completion of the three-year course and upon recommendation of the Committee on Admissions and Promotions, the student will be granted the diploma and pin of Mercy Hospital School of Nursing. Graduates of the school are eligible for licensure by examination in the State of Iowa or other states. To practice nursing in another state, legal endorsement of that state should be obtained. A graduate of the school is eligible for membership in the Alumnae Association. The Association is a means of contact for graduates of the school and a means of promoting professional growth and interests. Meetings are held monthly, usually in the Nurses' Residence.

HEALTH PROGRAM

The purpose of the health program of the school is to safeguard and improve the health of the nursing student and to provide her with adequate professional care during illness. The health program is under the direction of the medical staff and a registered professional nurse.

Complete physical examination including x-ray of chest, examination of blood and urine are given annually to all students.

A student health clinic is held daily for the purpose of reporting minor illnesses and for imparting knowledge of positive health standards.

Expenses of hospitalization, drugs, additional laboratory tests, x-rays and special therapies are borne by the student.

Hospitalization Insurance is available through the hospital.

Twenty-one days of sick leave are granted each student during her course. Time lost beyond this allotment must be made up.

VACATION AND ABSENCE

Four weeks vacation is planned in accordance with the student's educational program. During the first year, two weeks vacation is given during the Christmas holidays and two weeks at the close of the second semester.

One day is allowed for each of the following holidays: Labor Day, Thanksgiving, Christmas, New Years, Memorial Day, and Independence Day.

Leave of absence is not granted except for urgent reasons. Illness of relatives does not constitute sufficient reason for the student to interrupt her course.

STUDENT ACTIVITIES

Spiritual

Religion is considered an essential part of the life of every student. All Catholic students are encouraged to take an active part in the religious program of the school and make use of the opportunities afforded for the practice of their religion. Among these are daily attendance at Holy Mass, frequent and even daily reception of Holy Communion, daily visits to the Blessed Sacrament and attendance at Benediction. All Catholic students pursue a course in Religion during the three years and make an annual spiritual retreat which is conducted by a Retreat Master. All students begin their day with a five-minute prayer in the Chapel.

Students not of the Catholic Faith are encouraged to attend the church of their choice.

The Sodality of the Blessed Virgin Mary is organized for Catholic students to give them an opportunity to increase in personal holiness, in zeal for souls, in the interests of the Church, and in true devotion to the Mother of God.

Students are eligible for membership in the Drake Newman Club. This group meets weekly to provide religious, cultural, and social activities.

The Catholic Young Adults Club provides opportunities for associating with individuals of various educational and vocational interests.

Guidance and Counseling

The Guidance Program begins with the careful selection of students and their orientation to the school, hospital and community. It is carried throughout the course, through an active health service, organized orientation to each new clinical service, group and individual guidance toward proper scholastic adjustment, standards of right living and provision for student organization and co-curricular activities.

Each pre-clinical student is assigned to a faculty member for academic counseling.

Academic conferences for Junior and Senior students are held with the instructors in each clinical area.

For personal counseling the student may consult any faculty member whom she may choose.

Vocational

In order to prepare good leaders and democratic followers the school provides for faculty-student co-operative government through a student council with representatives from each class. This organization has for its principal aim the fostering of harmony and understanding between students and faculty. It plays an important part in the formation of school policies, developing school spirit and a sense of personal responsibility among the students.

Students are eligible to be members of the Seventh District of the Student Nurses Association of Iowa which has for its aim the promotion of professional consciousness through membership in professional organizations and the development of broader social interests.

Social

Students enjoy a series of traditional and special social activities. An active committee of the Mercy Guild helps students plan, as well as finance, a number of parties, picnics, teas and dances.

Students may join the choir and glee club which provide musical background for many important occasions during the year.

The city of Des Moines offers: The Art Center; KRNT Theater's various concerts, plays and programs; Veteran's Memorial Auditorium's Home and Flower Show, Ice Follies, Hockey Games, State Basketball Tournaments, and indoor ice skating; radio and TV stations and various playhouse activities. Drake University's activities are many, including concerts by the Des Moines - Drake Symphony, plays, dances, sports, and parties which are enjoyable and good entertainment.

For those interested in swimming, free tickets of admission to the Jewish Community Center Pool are available.

The school has a basketball team which participates in the Des Moines Women's Basketball League.

Bowling, tennis, roller skating, and ice skating are available within the community.

In this school the curriculum is considered to be the sum total of the experiences provided for the student. Courses in general education, physical and biological sciences, social sciences and nursing, together with the available student personnel services are designed to enable the student to develop physically, mentally, emotionally, socially, and spiritually.

Fundamental to this curriculum are such principles as:

"Learning is the mental activity by which knowledge and skills, habits and attitudes, virtues and ideals are acquired, retained, and utilized."* Necessary elements in this process are motivation, direction, guidance, control, and evaluation. **Nursing** is the preservation of human life and the betterment of health in accordance with individual needs. This is accomplished through ministration to the sick and through health guidance and the participation in preventive measures. Nursing as we conceive it is based upon supernatural motives which spring from love of God and of neighbor, and requires a sound understanding of human nature and an appreciation of the dignity of man. **Nursing education** aims at enabling the student to develop her potentialities while preparing her to function in the field of nursing as we see it.

INSTRUCTIONAL PROGRAM

The instructional program which contributes to the development of a professional nursing student extends over a period of three calendar years.

The first two semesters of this program constitute the pre-clinical period and are devoted to the study of the fundamental sciences and to an understanding of basic nursing principles.

The fundamental sciences guide the student toward an understanding of herself and others as individuals and as members of a dynamic social structure. They further provide opportunity for understanding of the structure and function of the human body and the physical factors associated with its optimum development. These concepts also serve as basis for health teaching.

The basic nursing courses orient the student to the health facilities of the community and hospital; instruct her in basic principles and practices of nursing care; and introduce her to fundamental concepts of public health and health teaching.

The clinical period is designed to provide further instruction in the basic sciences, as well as theory and practice in medical-surgical nursing, maternal and child health, and psychiatric nursing.

Mercy Hospital is assisted in providing clinical facilities for the instructional program by St. Bernard's Hospital, Council Bluffs, Iowa; St. Joseph's Pre-School, Des Moines, Iowa; and the offices of Drs. H. A. Sohm and M. P. Lawler, Des Moines, Iowa.

In order to maintain a balance of study, work, rest and recreation, the schedule for instruction and clinical practice does not exceed 40 hours per week.

*W. A. Kelly, **Educational Psychology** (Milwaukee: The Bruce Publishing Co., 1956), P 1.

PROGRAM OF STUDIES

	Lecture	Laboratory	Clinical Instruction
General Education:			
Christian Doctrine	32		
The Mass and Liturgy	16		
Medical Ethics	32		
Christian Marriage	16		
Physical Education		32	
Biological and Physical Sciences:			
†Anatomy and Physiology	64	64	
†Chemistry	32	32	
†Microbiology	32	32	
Nutrition	48		
Social Sciences:			
Psychology	32		
Sociology	48		
Child Development	32		
Nursing Courses:			
History of Nursing	16		
Personal and Professional Adjustments	32		
Survey of Nursing Trends	32		
Pharmacology I	16		
*Pharmacology II	32		
Fundamentals of Nursing	32	32	
*Diet Therapy	12	4	16
Medical-Surgical Nursing	184	48	184
Maternity Nursing	32	10	38
Nursing of Children	10		38
††Psychiatry			
Mental Hygiene	8		
Clinical Psychiatry	8		
Psychiatric Nursing	60		24
Emergency Nursing	32		
**Instructors Course in First Aid	15		
Orientation			
Pre clinical period			
Vacations			
Total hours	890	254	300

† Taught by Drake University Faculty

†† Taught by St. Bernard's Hospital Faculty

* Correlated with Medical-Surgical Nursing

** Available but not obligatory

First Year	Second Year	Third Year	Total	Clinical Experience
32				
	16			
	32			
		16		
32				
			128	
128				
64				
64				
48				
			304	
32				
48				
	32			
			112	
16				
32				
		32		
16				
32				
64				10 hours
12	20			4 weeks
220	112	84		64 weeks
	80			13 weeks
		48		13 weeks
				13 weeks
		100		
		32		
		15		
			900	
				1 week
				36 weeks
				12 weeks
840	292	312	1444	156 weeks

DESCRIPTION OF COURSES

GENERAL EDUCATION

CHRISTIAN DOCTRINE 32 hours
A study of religious truths and mysteries; Christian spiritual life; supernatural virtues and motives; supernatural power, actual grace; the sacraments and sacramentals and the Christian code of morality in the setting of the New Testament.

THE MASS AND LITURGY 16 hours
Historical development of the Mass; interpretation of the Mass prayers and ritual and liturgical worship.

CHRISTIAN MARRIAGE 16 hours
The teachings of Christ and His Church as an important aspect of married life; ethical and moral problems.

MEDICAL ETHICS 32 hours
A study of the purpose of human acts; the distinction between moral good and moral evil; the nature and aim of moral habits or virtues; duties and rights, specifically emphasizing the application of moral principles to medical and nursing practice.

PHYSICAL EDUCATION 32 hours
Principles and activities centering on physical development and fitness through calisthenics, posture training, games and major sports.

BIOLOGICAL AND PHYSICAL SCIENCES

ANATOMY AND PHYSIOLOGY 128 hours
Lectures, demonstrations, and laboratory practice designed to provide a knowledge of the structure and function of the human body as a foundation for the practice of nursing.

CHEMISTRY 64 hours
A survey of inorganic, and physiological chemistry with application to nursing situations.

MICROBIOLOGY 64 hours
A study of living microorganisms and the part they play in cleanliness, aseptic technic and in health and disease.

NUTRITION 48 hours
The principles of normal nutrition and the application of these principles to the individual and family groups.

SOCIAL SCIENCES

PSYCHOLOGY 32 hours
Basic concepts of the human mind and its operations; the human person, personality and character, with emphasis on its application to self and others.

SOCIOLOGY 48 hours
The historical development of social institutions, primitive and modern cultures, social conflicts and adjustments. The application of Christian social principles as developed in the social encyclicals.

CHILD DEVELOPMENT 32 hours
The development of a child, child hygiene and management, the diet of a normal child, the element of child welfare, and a two week observation period at a pre-school.

NURSING COURSES

HISTORY OF NURSING 16 hours
A survey of the history of nursing which serves to inspire the student with the traditions and ideals of those leaders who devoted their lives to the nursing profession.

PERSONAL AND PROFESSIONAL ADJUSTMENTS 32 hours
A general consideration of fundamental ethical and philosophical principles and their application to professional problems. Emphasis is placed on the student's adjustment to nursing, group living and her professional obligations, as well as her responsibility for her own behavior.

SURVEY OF NURSING TRENDS 32 hours
A discussion of the historical, national and international aspects of nursing; the objectives, organization and activities of professional associations.

PHARMACOLOGY I 16 hours
A consideration of dosage and solutions including mathematical calculations in dosage of medicines and the preparation of solutions.

PHARMACOLOGY II 32 hours
The fundamental principals of drug therapy with emphasis on the attitudes and methods necessary for effective and reliable administration of drugs. Presented in relation to the Medical-Surgical course content.

FUNDAMENTALS OF NURSING

64 hours

An orientation to the health facilities of the community and hospital; an introduction to concepts of public health and health teaching; and instruction in basic principals and practices of nursing care.

DIET THERAPY

32 hours

Dietary needs and therapeutic use of diet in specific disease conditions, including experience in calculating, preparing, and serving therapeutic diets, given concurrently as the student studies Medical-Surgical Nursing, Maternity Nursing, and Nursing of Children.

MEDICAL-SURGICAL NURSING

372 hours

Principles of comprehensive nursing care and their application in the clinical setting from the time of hospital admission through planning for convalescence in the home. Diet Therapy and Pharmacology II are treated in this course as aspects of nursing care.

MATERNITY NURSING

80 hours

A study devoted to the care of the mother and baby during pregnancy and designed to prepare the student to provide the nursing care needed to assist in making childbearing and childrearing as physically safe and as emotionally satisfying as possible.

NURSING OF CHILDREN

48 hours

A study of the care of infants and children with emphasis on prevention and comprehensive nursing care.

PSYCHIATRY

100 hours

A study of the principles and methods employed in the psychiatric aspects of nursing with emphasis on maintaining optimum mental health.

EMERGENCY NURSING

32 hours

Treatment of emergency situations outside the hospital and in the absence of the physician. The standard Red Cross First Aid course is taught and the student receives a certificate at the completion of the course.

INSTRUCTORS' COURSE IN FIRST AID

15 hours

A study of the methods to be used in teaching the standard and advanced Red Cross First Aid course.

FUNDAMENTALS OF NURSING

14.1 hours

An orientation to the health facilities of the community and hospital; an introduction to concepts of public health and health planning; and instruction in basic principles and practices of nursing care.

DIEY THERAPY

25 hours

Faculty leads and therapeutic use of diet in specific disease conditions; including experience in calculating, preparing and serving therapeutic diets, given concurrently in the student studies Medical-Surgical Nursing, Maternity Nursing, and Nursing of Children.

MEDICAL-SURGICAL NURSING

3 1/2 terms

Principles of comprehensive nursing care and their application in the clinical setting from the time of hospital admission through planning for continuance in the home. Diet Therapy and Pharmacology II are treated in this course as aspects of medical care.

MATERNITY NURSING

30 hours

A study devoted to the care of the mother and baby during pregnancy and designed to prepare the student to provide the nursing care needed to assist in creating a safe and comfortable and childbearing as physically safe and as emotionally satisfying as possible.

NURSING OF CHILDREN

48 hours

A study of the care of infants and children with emphasis on prevention and comprehensive nursing care.

PSYCHIATRY

106 hours

A study of the principles and methods employed in the psychiatric aspects of nursing with emphasis on maintaining optimum mental health.

EMERGENCY NURSING

30 hours

Treatment of emergency situations inside the hospital and in the absence of the physician. The standard Red Cross First Aid course is taught and the student receives a certificate at the completion of the course.

FIRST AID COURSE IN FIRST AID

15 hours

A study of the methods to be used in teaching the standard and advanced Red Cross First Aid course.

