



MERCY HOSPITAL MEDICAL CENTER



School of Nursing

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B U L L E T I N

Mercy Hospital Medical Center

School of Nursing Bulletin

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Mercy School of Nursing

Six years after Mercy Hospital was founded, the Sisters of Mercy opened the Mercy School of Nursing — Des Moines' oldest nursing school. Seven graduates made up the first class in 1901. In 1906, the two-year nursing education program was expanded to a three-year curriculum.

Consistent with the goals of the Sisters of Mercy, the school of nursing has developed with the growth of the hospital.

As a pioneering educational facility, the school has a proud tradition of excellence. More than 2,000 men and women started their nursing careers with a diploma from the Mercy School of Nursing.

Statement of ethical practice

The administration and faculty of the Mercy Hospital Medical Center School of Nursing are in agreement with the stated philosophy and objectives of the school, which are shared with the students. All applicants are informed of the modes of entry into nursing and are assisted in making choices based on ability and personal goals. The primary objective of recruitment activities is to disseminate accurate information concerning nursing education and Mercy Hospital Medical Center School of Nursing. Policies regarding admission, transfer, promotion, graduation and withdrawal are stated in this School of Nursing Bulletin.

Current costs for the year identified are published at the end of this book. Costs of cooperating institutions and a statement of refund policy also are included.

The course offerings follow Bulletin descriptions.

Students are informed of educational goals and expected behavioral outcomes. Opportunities for learning in the clinical area are equal.

Counseling is provided and confidentiality is maintained.

There is no discrimination because of race, color, creed, sex, age, national origin or marital status. The Civil Rights Act of 1964 is endorsed. There is no discrimination of the qualified handicapped. We adhere to the provisions in the Privacy Rights of Parents and Students Act.

Objectives

The School of Nursing provides opportunity for people desirous of preparing for a career in health care. The purpose of establishing and continuing the School of Nursing is to fulfill the responsibility of ensuring continual replenishment of competent, educated nursing personnel who are dedicated to the relief of suffering and to the promotion of psychophysiological well-being of individuals and groups.

The School of Nursing provides students opportunity for personal growth through the services and curricular and extra-curricular activities. Graduates are prepared to qualify for licensure as Registered Nurses, capable of functioning in staff positions within hospital and health-care settings that provide care in the areas of general medical-surgical, parent-child, mental health and gerontological nursing.

At the completion of this program, the graduate will:

1. Formulate nursing diagnosis based on the assessment of the client's psychosociophysilogic needs.
2. Plan nursing intervention in collaboration with health team members, client and the client's significant others.
3. Promote positive client adaptation through nursing intervention.
4. Reformulate the nursing plan of care based on evaluation data.
5. Establish therapeutic relationships with clients and their significant others.
6. Implement health teaching consistent with client level of development to promote an optimal level of wellness.
7. Promote continuity of health care through the utilization of community resources.
8. Integrate ethical and legal behaviors into nursing practice.
9. Meet employment expectations in beginning staff positions in acute care and comparable health-care settings.

Mercy Hospital Medical Center

Mercy Hospital Medical Center, now a thriving, 500-bed facility, began in the late 1800s with two private rooms and a ward for five patients. Des Moines' oldest hospital, Mercy was founded by Mother Mary Baptista Martin and six fellow Sisters of Mercy on November 26, 1893, in what is now known as Hoyt Sherman Place at 15th and Woodland.

Mercy Hospital's first permanent structure was completed in 1895 on the present campus. The four-story brick building was constructed for \$50,000 and could accommodate 12 patients. Additions were completed in 1899, 1908, 1912, 1946 and 1959.

In 1978, the present 10-level structure was completed and in 1979 the hospital's name was changed to reflect the growth as a major referral center.

Today, Mercy Hospital Medical Center is a 500-bed general acute care, teaching hospital with modern facilities for the care of medical, surgical, maternal-child, critical care and emergency patients. All patient rooms are private.

The Sisters of Mercy strive to keep pace with the ever-changing trends in health care by adopting the latest technologies. Mercy incorporates the Friesen-design service chassis system, which enables nursing personnel to spend more time in direct patient care.



Philosophy

The School of Nursing reflects the philosophy of the Sisters of Mercy in a commitment to a Christian environment conducive to the optimal development of each individual. Based on this commitment we offer the following statements about our beliefs relative to health, man, society, nursing, learning, teaching and nursing education.

Health is the focus of all nursing behavior, a dynamic process of positive adaptation to the stressors which occur throughout every stage of human growth and development. Health is perceived as an optimum level of wellness that is determined by the ability of the individual, family, group or community to maintain a continuum of balance and purposeful direction within the environment. High level wellness implies an integrated system which allows the individual to mobilize energy and resources to attain health-related goals and to maximize potential for positive adaptation to altered levels of functioning.

We believe that man is a unique integrated biopsychosocial and spiritual being who continually interacts with the environment as an open system. Man is a caring being who enters into reciprocal relationships which enable each individual to strive towards health, growth and self-actualization. Man is capable of rational decision making and is accountable for the consequences of those decisions. Nursing becomes involved whenever these decisions, choices and consequences are concerned with human life, the quality of life or the quality of health for the individual, family, group or community.

Nursing is a dynamic, evolving profession implemented through the use of nursing process. The goal of nursing is to facilitate adaptation through protective, nurturative and generative interventions. In a variety of practice settings, nursing strives to assist individuals, families, groups and communities to achieve and maintain an optimal level of therapeutic self-care. We recognize nursing as a unit of society, collaborating with other professions in the promotion of wellness.

We believe education is a continuous process of acquisition and application of knowledge. Integral components of education are the teaching and learning processes. Learning is the attainment of new knowledge, skills and attitudes leading to a consistent change in behavior. Teaching is managing the learning process to facilitate student achievement and educational objectives. Inherent in the teaching and learning processes is the responsibility of both students and faculty to achieve optimal learning. It is our



belief that the student is accountable to actively participate in the learning process while demonstrating open communication flexibility and creative problem solving. The faculty believes their responsibility is to facilitate the learning process, by being committed to creativity, motivation, individuality, open communication, respect, confidentiality and professionalism within the learning environment. This environment should be conducive to student learning necessary to meet professional requirements and expectations. The faculty adapts the curriculum in response to ongoing assessment of student and community needs.

We believe the school has the responsibility to provide qualified faculty and an environment that promotes faculty and student growth. The school is committed to offer services that assist the student, from a variety of backgrounds and experiences, to meet personal and educational needs. The student is provided the opportunity to develop leadership skills and to participate in change through involvement in student organization and faculty committees. The school encourages student participation in activities which enhance growth and contribute to a sense of community.



Admission requirements

The applicant must have graduated from an accredited high school or its equivalent and be in the upper one-half of his or her class. The size of the class and course of study are taken into consideration.

The following courses are recommended in high school:

English	4 years
Science	3 years
Mathematics	2 years
Social Sciences	3 years

Students are required to furnish ACT scores. It is the applicant's responsibility to arrange for the examination. Acceptable scores are in the 45th percentile or above. However, other academic achievements are taken into consideration.

To make your application complete, you must submit:

- *1. Completed application blank.
2. One official high school transcript, giving the number in the graduating class and applicant's rank in the class or a Graduation Equivalency Diploma. ACT scores must be furnished.
3. One official transcript of college credits if the applicant has attended college. Faculty will evaluate non-nursing college courses with a grade of C or better completed within the past 10 years for transfer credit.
- *4. Report of physical examination, including an immunization record.
- *5. Report of dental examination.
- *6. Two forms titled "Estimate of Applicant's Suitability for Nursing," completed by persons who know the applicant.
7. Application fee of \$10.

A personal interview may be scheduled after application materials are received by the school.

Applicants educated in non-English speaking countries must pass the "Test of English as a Foreign Language" exam as part of admission requirements.

After you have taken steps to complete this list, it would be advisable to verify that all information has been received by the school. When all items are received, your application will be acted upon by the Admission Committee. You will be notified by mail of the committee's decision. Accepted applicants will be assessed a \$10 admission fee to hold their place on the class list.

*Forms furnished by the school. To receive these forms, contact the School of Nursing office.

Transfer student

Transfer entry is subject to approval after a careful evaluation of the student's past achievement and of the educational experience to be completed.

Because of variations in nursing curricula, each program must be evaluated and planned on an individual basis.

A letter of recommendation is required from the director of the school from which the student wishes to transfer.

In addition to materials needed as stated above, the person requesting transfer must have a completed application with all materials as listed under admission requirements in this Bulletin.

Transfer fee is \$25.

Advanced placement

In addition to submitting all materials as stated for application in this Bulletin, the applicant will either be an LPN or have been a member of the medical corps in the armed services.

An LPN must submit an official transcript from LPN school and a copy of current licensure from the State of Iowa.

An LPN must have a minimum of one year's work experience following graduation from LPN school to be eligible to "challenge."

A member of the armed forces will submit proof of previous experience in a medical corp.

Applicants allowed to "challenge" will pass written tests in Anatomy and Physiology, Microbiology, Sociology, Psychology and Nursing 102 with a minimum of 75 percent. The clinical requirements for Level I will be passed under supervision of a faculty member.

The application will need to be completed by February 1 of the year that the person wishes admission in August. This is to allow for study time and testing.

For more information on advanced placement, contact the school.

Re-entry policy

Any student who withdraws in good standing may request to re-enter the program at a later date. The applicant will write a letter to the director requesting readmission. A \$15 re-entry fee will be assessed. The Admis-

sion Committee may require testing when readmission is requested to evaluate retention of knowledge/skills for placement.

Discipline

Students will demonstrate a professional attitude in their contacts with all members of the Mercy community and the public we serve. A professional attitude requires compliance with the Nursing Code of Ethics and with standards of behavior followed by nurses in the community in similar situations.

Cases of improper behavior will be referred to the director. Improper behavior for the purposes of this provision shall include violations of the Nursing Code of Ethics, criminal or illegal behavior (including any drug-related illegal behavior), cheating or dishonesty in regard to academic evaluations and violation of the policies of the Mercy Hospital Medical Center and School of Nursing. If a student disagrees with the director's decision, the student may invoke the school's grievance procedure. The grievance procedure is printed in the student handbook.



Withdrawal policies

If, for personal reasons, a student wishes to withdraw from the school, he or she may write a letter of resignation, stating reasons for withdrawal, and personally deliver it to the director. Any student who withdraws before completing the three-year course will be expected to take care of any outstanding financial obligation to the school before withdrawal can be made in good standing. If a student does not pay his/her fees or other money owed to the Mercy Hospital Medical Center School of Nursing, the student's transcript will not be released until the fees are paid in full.

Refund policy on withdrawal

Tuition and Room: A student withdrawing from the School of Nursing is allowed a tuition/room refund (room if resident student).

The student who plans to withdraw must make an appointment with director so that the refund process is initiated. The student must give a written statement to the director that withdrawal will occur. The refund is calculated from the date the student notifies the director of withdrawal.

First week	90%
Second week	80%
Third week	70%
Fourth week	60%
Fifth week	50%
Sixth week	40%

No tuition/room refund is allowed after the sixth week at Mercy Hospital Medical Center School of Nursing.

A student who has received federal/state financial aid (GSBL, PELL, ITG) has agreed through the application process that refunds to these programs will be made directly by the school per program specifications. Following notification of withdrawal, the director will notify the Accounting Department of the refund amount and that department will, within two weeks, make checks payable to Financial Aid Programs and to the student (if student had no financial aid or if balance remains after programs are reimbursed).

Payment for repeated courses: All nursing courses with clinical components will cost the equivalent of the weeks involved as calculated from full semester's tuition.

Other courses (Religious Dimensions, Contemporary Nursing) can be repeated at no charge while enrolled in a unit of study. If made up during summer session, charge will be made by special arrangement.



Housing

Housing is available in the beautiful Mercy Park Apartments. However, students are not required to live there. Apartment space is available for a limited number of students. In order to provide housing for students coming the greatest distance, students from the Des Moines metropolitan area are requested to live at home. Students who are older than 22 or married also are asked to find other living facilities. Based on availability, Des Moines students may move into the apartments on a first-come, first-served basis.

The three-bedroom furnished apartments include a living room, dining area and kitchen. The kitchens are equipped with an oven, refrigerator, automatic dishwasher and garbage disposal. There are sliding glass doors adjoining a terrace in each apartment. In warmer weather, students may use the outdoor swimming pool.

Though students in the apartments have cooking facilities, all students may purchase meals in the Mercy cafeteria or deli.



Financial aid

The primary purpose of the financial aid program is to provide assistance to students, who, without such aid would be unable to attend Mercy Hospital Medical Center School of Nursing.

Common sources of financial aid are:

- PELL Grant
- Iowa Tuition Grant
- Guaranteed Student Bank Loan
- Mercy Guild Scholarship
- Alumni Scholarship
- Mercy Junior Students Academic Scholarships (3)
- Community Scholarships

To apply for these funds, a student must do the following:

1. Complete, or have parents complete, a National Needs Analysis. The results of this analysis must be returned to Mercy Hospital Medical Center School of Nursing from the source the student utilized (ACT, CSS, etc.). Mercy's ACT Code is 1347, CSS Code is 6448.
2. Complete application for the specific financial resource. These application forms can be obtained from the Mercy School of Nursing, high school counselors and financial aid departments in colleges.

Before the school can process financial aid the student is eligible to receive, the student must be accepted into the school.

Educational facilities

The nursing curriculum includes classroom instruction in the School of Nursing and clinical practice in Mercy Hospital Medical Center. The School of Nursing faculty instructs in the classroom and clinical setting.

Mental Health Nursing and Gerontological Nursing affiliations are provided at health institutions under the direction of faculty members.

Mental health learning experience is obtained at the Knoxville Veterans Administration Medical Center and the gerontological learning experience is at Fountain West Health Care Center in West Des Moines.

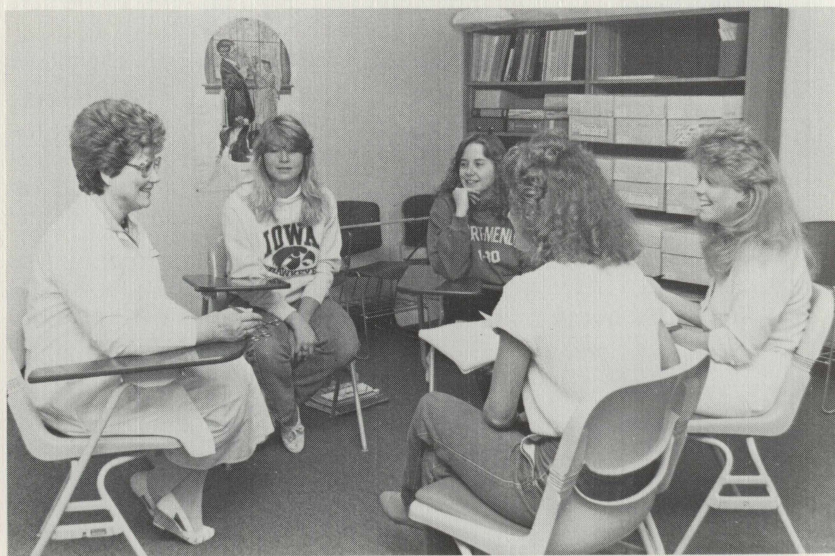
Students also participate in selected community health-care observational experiences, congruent with course objectives throughout the curriculum.

The Levitt Health Sciences Library provides the necessary academic support for nursing students. The library offers up-to-date journals, medical texts and reference materials along with support services. Included in the support services are films, video tapes, audio/visual and microfilm holdings.

The support courses in the curriculum are taken at Grand View College. Grand View College is an accredited liberal arts institution offering 18 four-year programs. The college was dedicated in 1896 and is located in north-east Des Moines on a 25-acre campus.

Accreditation

Mercy Hospital Medical Center School of Nursing is recognized and approved by the Iowa Board of Nursing. The school is accredited by the National League for Nursing in which the school holds membership. The school also is a member of the Midwest Alliance in Nursing and the American Hospital Association: Type VIII membership.



Mercy Hospital Medical Center has the full approval of the Joint Commission on Accreditation of Hospitals of the American Medical Association for Residents: Residency in Pathology, Surgery and Training in Medical Technology. The hospital holds membership in the Catholic Hospital Association, the American Hospital Association and the Iowa Hospital Association.

Curriculum

The School of Nursing operates on the academic calendar from August to May. The school week extends from Monday through Friday. All classes and practice are contained within a 40-hour week.

The first year is devoted to the study of sciences and basic nursing process and skills. Courses are taken at the School of Nursing and Grand View College. These studies are designed to guide students toward an understanding of self and others as members of a dynamic social structure. The courses provide understanding of the structure and function of the human body and the factors associated with its optimal development. An understanding of human needs serves as a basis for development of nursing skills. Under supervision, the student obtains experience in the care of clients; guided observation and practice reinforces classroom teaching. This period of study is identified as Level I.

At the close of the first year, the students who have demonstrated scholastic and clinical competency are promoted to Level II. The calendar for the second and third years is divided into four 17-week semesters. The student receives concurrent classroom and clinical instruction in the following areas: medical-surgical, mental health, surgical, gerontological and parent-child nursing in Level II.

At the completion of Level II, students who have demonstrated scholastic and clinical competency are promoted to Level III — a 17-week experience in advanced medical-surgical and leadership/management nursing. In addition to the use of general medical-surgical units of Mercy Hospital Medical Center, planned clinical experience is obtained in the critical care units.

Upon completion of Level III, students are recommended for graduation. Graduates of the school are eligible to apply to the Board of Nursing for registration by examination.

Course descriptions

* Biology 151, 152

Human Anatomy and Physiology I, II

A study of the structural and functional relationships and organization of the human body. A detailed study of individual organs and systems as well as coordination and integration into a complex whole. Four credit hours per semester. Total eight credit hours. First and second semester, first year.

* Psychology 101

General Psychology

An overview of psychology as a behavioral science. Introducing topics in learning, perception, personality, memory, consciousness, cognition, and related concepts. Psychological theories and methodology are reviewed as well as the application of psychology to modern life. Three credit hours. First semester, first year.

* Sociology 101

Introduction to Sociology

A study of the origin and development of society and culture. A survey of the functions, organizations, controls, and problems of culture in regard to the individual and society. The application of sociological concepts to day-to-day living is emphasized. Three credit hours. First semester, first year.

Nursing 101

Nursing 101 is an introduction to the nursing process. The course focuses on the development of basic nursing techniques to gather data for assessment of an individual and to intervene to meet identified basic human needs. Nursing 101 discusses the interrelationship between the concepts of health-illness continuum, basic human needs, stress, and holistic balance. The clinical component of Nursing 101 occurs in part in a nursing laboratory and in part on selected general medical-surgical nursing units at Mercy Hospital Medical Center. First semester, first year.

Biology 240

Nutrition

The principles of nutrition are presented from both a biochemical and practical standpoint, including the social, cultural, psychological, and economic influences on food habits and good health. Emphasis is placed on information needed for study of clinical nutrition. Three credit hours. First semester, first year.

Nursing 102

Nursing 102 focuses on the individual's interaction with common stressors which threaten the holistic balance to which one must adapt. Common stressors included are threats to body defenses, surgery, altered consciousness, and cancer. The clinical component of Nursing 102 occurs on general medical-surgical nursing units at Mercy Hospital Medical Center. Second semester, first year.



Religious Dimensions in Nursing

An introduction to the customs, rites, attitudes and traditions of the various religious groups in our geographical area and the ways in which these will influence nursing care. Religious leaders from the various groups meet with the students and through discussion identify the areas in which the nurse can assist a person of the religious faith to meet his/her spiritual needs during illness. Second semester, first year.

*** Psychology 225, 226 Developmental Psychology I**

A study of the individual from conception through late childhood. Emphasis is placed upon the biological and environmental determinants of development focusing on developmental characteristics, theoretical viewpoints, and the effect of various cognitive and socialization processes. Three credit hours. Second semester, first year.

Developmental Psychology II

A study of adolescence, adult development, and aging. Emphasis is placed on the theories of adult development and research in the field. Practical implications of our contemporary awareness of adult development and aging are discussed. Three credit hours. First semester, second year.

*** Biology 256 Microbiology**

A study of microorganisms, including their structure, metabolism, growth, reproduction, and genetics. Pathogenic forms are emphasized as related to infection and immunological reactions. Four credit hours. Second semester, first year.

Medical-Surgical Nursing 201

Nursing 201 focuses on utilization of the nursing process to promote client adaptation to the stressors of food and fluid, oxygen transportation, elimination, regulation, sensory and mobility need interferences. Formulation of the nursing plan of care for this client population is based on nursing theories and principles from the psychological and sociological sciences. The clinical component of Nursing 201 occurs on general medical-surgical nursing units at Mercy Hospital Medical Center. The students also visit and evaluate selected community agencies. First semester, second year.

Surgical Nursing 202

Nursing 202 focuses on utilization of nursing process to promote client adaptation to stressors arising from the need for surgical intervention. The student will formulate and implement a nursing plan of care for the perioperative period with selected clients. Nursing theories and principles from the psychological, physiological and sociological sciences are the basis for the plan. The clinical component of Nursing 202 occurs in the surgical suite and the recovery room at Mercy Hospital Medical Center. The student also makes preoperative visits on the general nursing units to selected clients. Second semester, second year or first semester, third year.

Mental Health Nursing 203

Nursing 203 focuses on a specialized area of mental health nursing that operates on two levels. The scientific aspect focuses on human behavior, while the art of mental health nursing focuses on the purposeful use of self. Both concepts are directed toward preventing and correcting mental illness and are concerned with the promotion of optimal mental health for society, families and individuals living within the community and hospital setting. Selected community mental health agencies and mental health units at Knoxville Veterans Administration Medical Center are utilized for the clinical component of this course.

There are two broad areas of nursing care of the mental health client: the assessment of the client's nursing needs and the development and implementation of nursing care plans. These plans are based on nursing process and include the initiation, development, and termination of therapeutic relationships between nursing students and clients. Mental health nursing provides a basis for communicating and forming interpersonal relationships with clients in all areas of nursing. Second semester, second year or first semester, third year.

Gerontological Nursing 204

This course is designed to acquaint the learner with the unique qualities of the older adult. The role potential of the gerontological nurse in a variety of health care settings is examined. The nurse's responsibility to promote health at the primary, secondary and tertiary levels of prevention is a major focus. The student plans, implements, and evaluates care based on the assessed needs of the elderly client with specific psychosociophysiological stressors. Second semester, second year or first semester, third year.

Parent-Child Nursing 205

Nursing 205 focuses on a family-centered approach to promotion of client and family adaptation to developmental and/or situational stressors. The nursing process is utilized to promote, maintain or restore wellness throughout childhood and the reproductive years. In the first week, all students explore the roles, relationships and developmental tasks of the family. Then students enter two interchangeable eight-week rotations.

Group A focuses on client adaptation to stressors and developmental needs throughout the reproductive years. The clinical component includes caring for clients in the gynecological, postpartum, labor and birthing departments and newborn nursery at Mercy Hospital Medical Center. An observational experience is provided in selected physicians' offices and clinics.

Group B focuses on client adaptation to stressors and developmental needs from birth through adolescence. In the clinical component, students care for clients in the pediatric-adolescent unit at Mercy Hospital Medical Center. An observational experience is provided in a selected preschool and physician's office. The common theme of a family-centered approach to adaptation is developed throughout the term in joint conferences. The role of the community in family adaptation to stress is emphasized. During the final week, the role of the family in individual wellness and adaptation is summarized. Second semester, second year or first semester, third year.

Advanced Medical-Surgical Nursing 301

This course is designed to facilitate synthesis of knowledge by the student in order to promote adaptation in the client with complex stressors who is being cared for in a critical care unit. The major focus is application of the nursing process to assist the client and significant

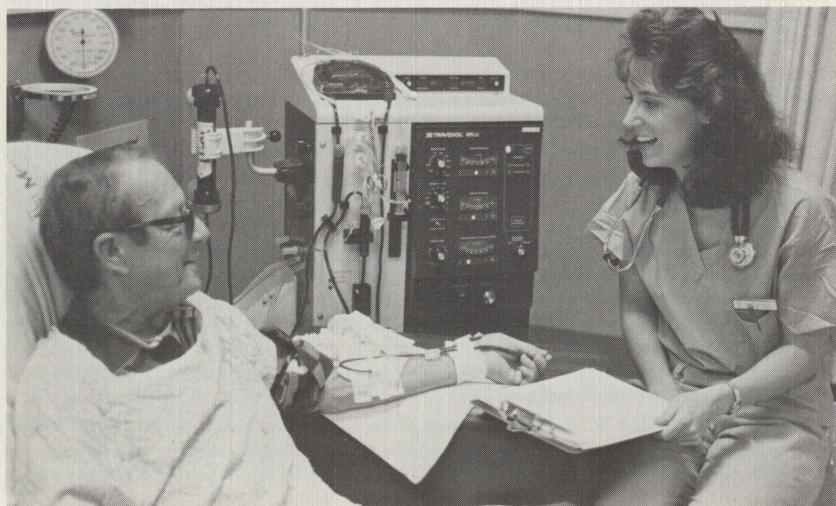
others to achieve an individually determined level of wellness. Also included in this course is content pertaining to the stressors encountered by the nurse caring for the client and significant others during crisis situations. The unique application of the nursing process to disaster/emergency situations is examined. The setting for the clinical component of this course is the critical care units of Mercy Hospital Medical Center. Second semester, third year.

Management of Client Care, Nursing 302

This course is designed to serve as a transition for the student from education to practice through a focus on management of nursing care. The broad categories of managerial skills are emphasized, self-organizational functions and group management functions. Student/staff interactions that enhance the effectiveness of the work group and the quality of client care are emphasized throughout the course. Opportunities are provided for the student to plan, implement and evaluate individual and group health teaching. Communication techniques that facilitate personal, group and client goal achievements are presented. Trends affecting nurse managers in health care organizations, such as quality control, cost containment and nursing care delivery systems are discussed. Selected medical-surgical units at Mercy Hospital Medical Center are utilized for the clinical component of this course. Second semester, third year.

Contemporary Nursing, Nursing 303

This is a survey course which focuses on contemporary issues in nursing practice. Issues and trends that impact on current nursing practice are approached from the historical perspective. The relationship of nursing to societal needs is emphasized. Topics selected for discussion are intended to give the student an overview of the following: definition of nursing and the scope of practice, legislation, career development, and the role of nursing organizations. Second semester, third year.



Moral and Ethical Positions in Nursing

This course examines the principles of value clarification and the influence of values on behavior and decision making in nursing. The historical development of ethical beliefs and illustrations of the nature of moral and ethical dilemmas will be identified. Emphasis will be placed on the development of a position within the framework of selected moral and ethical theory, rights, responsibilities and conflicts. Second semester, third year.

*Course description: Grand View College Catalog

Guidance

Student Information

The student shall be provided with educational, social and occupational information which will enable him or her to use the resources of the environment, develop social skills, evaluate his/her professional growth and plan for the future. The facilities of the library, the social program of the school, student council and the student handbook are components of this service. Instructors will assist students with personal and professional development and will plan individual conferences with students during a block of clinical experience.

The director will confer with all students having academic difficulty.

Information services are provided through specific teaching units in Religion, Orientation Programs, Contemporary Nursing and through references in clinical nursing which appraise the student of occupational opportunities.

Counseling services

Counseling services by a specially qualified person are available to help the student work through problems which cannot be solved by the student, parents or teachers.

Counseling and guidance services shall be provided by:

1. Qualified faculty members.
2. Referral to a community counseling agency.
3. Referral to a member of a professional discipline which practices in the area of counseling as a psychiatrist, clinical psychologist, social worker or clergyman.

Referrals outside the school shall be made only through the director of the school or faculty members appointed by the director.

Health

Prior to admission to the school, all incoming freshmen undergo a complete physical exam. Seniors also have a complete physical. This includes a physical exam, urinalysis, blood test(s), tuberculosis test and chest X-ray. A health review is required during the junior year. This includes updating the history, blood tests and tuberculosis test.

All students are advised that, when necessary, the employee health physician will evaluate their illness or recovery in terms of patient safety.

Students are required to identify their personal physician. Out-of-town students are advised to consult their hometown physician and the staff roster in selection of a physician in Des Moines.

Employee Health Service visits requiring medical attention will be referred to the student's private physician. Students will be responsible for any fees charged by the physician and for any prescriptions filled at the pharmacy.

Students will be permitted to see private physicians at any time. We encourage all students to seek private care for health maintenance. The health nurse can assist in making appointments at the student's request.

A student who becomes pregnant shall report to the health nurse for counseling to maintain and safeguard her health.

Attendance policy

Students are expected to attend and be on time for all classes and clinical experiences. Recognition is given to the following life experiences that may interfere with perfect attendance:

1. Personal illness.
2. Serious illness of immediate family (spouse, child, parent, sibling).
3. Death in immediate family (spouse, child, parent, sibling, grandparent).
4. Birth of a baby.
5. Unexpected personal problems (commuter's car breakdown, inclement weather for commuter, necessary court appearance and other events over which the individual has no control).

The faculty has the responsibility and right to demand withdrawal from the school when absences interfere with meeting objectives.

An attendance policy is mailed to all students prior to beginning of the school year and upon request.

Vacation and holidays

Vacation and holidays are determined by the Grand View College calendar and include Thanksgiving, Christmas, spring and summer vacations.

Employment

The student may seek employment of choice. The student is advised not to work more than 16 hours per week. If the student feels it's "necessary" to exceed this maximum time due to financial problems he/she should seek counseling regarding financial aid.

Promotions

The progress of each student will be reviewed and evaluated at the close of each term. Promotions will take place at the end of each level. Evaluation will be based upon grade point average and clinical achievement.

Criteria for promotion

A student will have completed all courses on a given level, maintained a minimum of a 2.0 grade point average, have no grade below a C in nursing courses and have passed all critical requirements for the level.

A	4.0	D	1.0
B	3.0	F	0
C	2.0		

A student who fails a course but still maintains a cumulative grade point average of 2.0 may request to repeat the course. Nursing courses with failure to obtain a C may be repeated one time only.

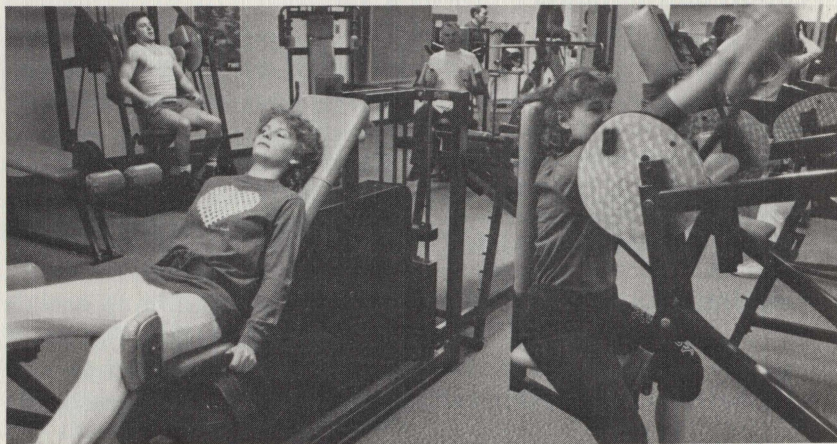
Less than a 2.0 point average warrants request for withdrawal from the school.

The Promotions Committee will review the grade point averages, documentation for passing of critical requirements and courses completed within the level. Based on the criteria above, the Promotions Committee may move to recommend to the Faculty Association that a student be promoted to the next level, withdraw from the school or repeat a course.

Graduation

Upon satisfactory completion of the three-year course and upon recommendation of the Promotions Committee, the student will be granted the diploma and pin of Mercy Hospital Medical Center School of Nursing.

All costs must be paid in full for a transcript to be released.



Wellness Center

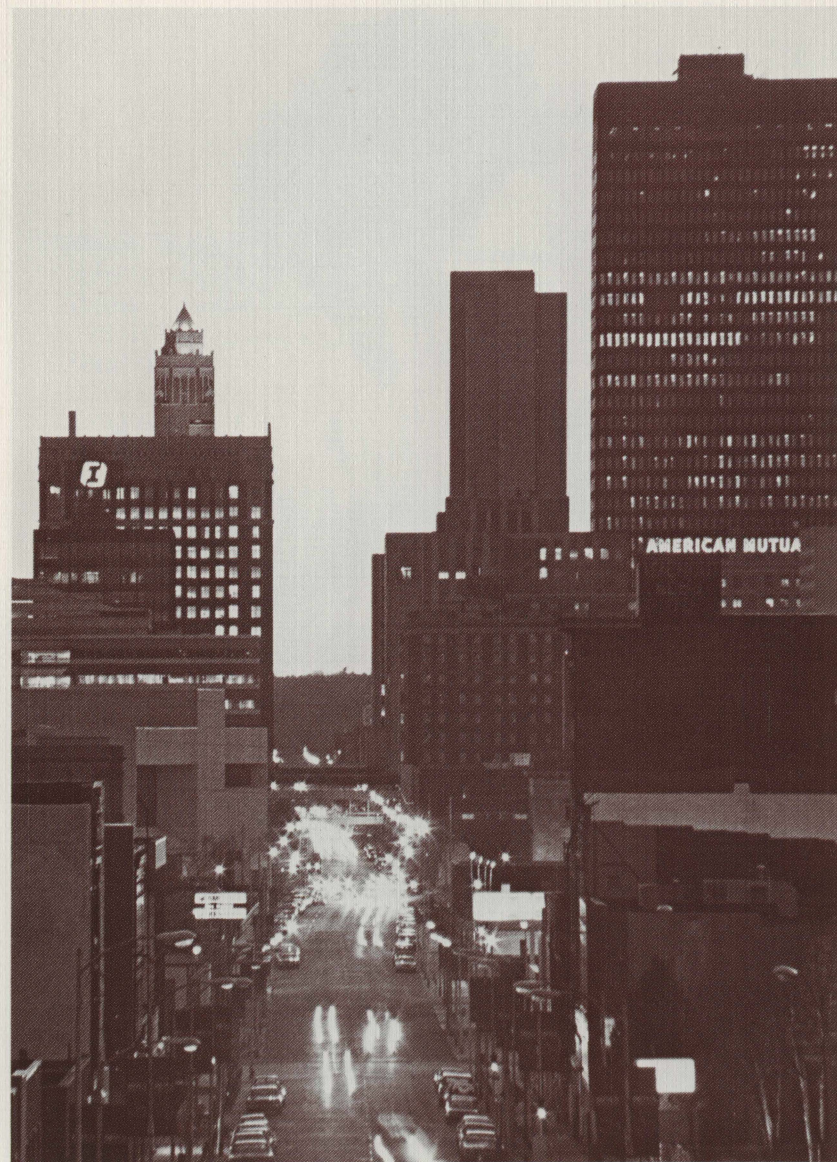
The Mercy Wellness Center is an excellent benefit provided to the employees of Mercy Hospital Medical Center. Nursing students also have the opportunity for membership. Annual membership is \$78, due at the time of enrollment. No refunds are given.

The Wellness Center is equipped with a gymnasium, swimming pool, whirlpool, racquetball court, treadmills, exercise bicycles and Nautilus equipment. Wellness Center programs and related services assist individuals in the maintenance of high-level wellness.

Cultural resources

Mercy Hospital Medical Center School of Nursing is located in the middle of America's heartland in Iowa's capital city—Des Moines. In recent years, downtown Des Moines has undergone a complete revitalization, including the building of shopping malls and restaurants. The city's new skywalk system links 33 square blocks of downtown in a climate-controlled environment.

An abundance of cultural and social entertainment is available within a several block radius of the school.





Administration and Faculty E-F

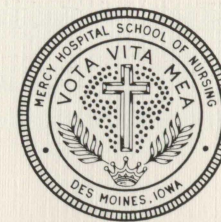
Curriculum plans C-D

Diploma Mercy Hospital Medical Center

Expenses A-B

Resident student housing
for the year
1987-88

I. Direct: Payable to Mercy	Freshman	Junior	Senior
Tuition: (Mercy)	\$ 850	\$1,500	\$1,500
Tuition: (Grand View) (\$140 per course hour)	3,360	420	—
Fees: Mercy			
Library/media	40	40	40
Activity	10	10	10
N.L.N. testing	21	20	20
Printed material	25	25	25
C.P.R. kit	4	—	—
Graduation	—	—	95
Room	900	900	900
Totals	\$5,210	\$2,915	\$2,590
Total for 3 years			\$10,715
II. Indirect Costs: Not Payable to Mercy (estimated costs)			
Food	900	900	900
Uniforms	250	80	150
Transportation (DM commuter)	200	200	200



Expenses

A-B

Resident student housing

for the year

1987-88

I. Direct: Payable to Mercy	Freshman	Junior	Senior
Tuition: (Mercy)	\$ 850	\$1,500	\$1,500
Tuition: (Grand View) (\$140 per course hour)	3,360	420	—
Fees: Mercy			
Library/media	40	40	40
Activity	10	10	10
N.L.N. testing	21	20	20
Printed material	25	25	25
C.P.R. kit	4	—	—
Graduation	—	—	95
Room	900	900	900
Totals	\$5,210	\$2,915	\$2,590
Total for 3 years			\$10,715
II. Indirect Costs: Not Payable to Mercy (estimated costs)			
Food	900	900	900
Uniforms	250	80	150
Transportation (DM commuter)	200	200	200
Books	390	155	155
Personal expense	350	350	350
Totals	\$2,090	\$1,685	\$1,755
Total I and II	\$7,300	\$4,600	\$4,345

Grand View College application fee paid following acceptance to Mercy, \$15.

All costs are subject to change.

(See reverse side for non-resident expenses.)

Expenses

B

Non-resident housing

for the year

1987-88

I. Direct: Payable to Mercy	Freshman	Junior	Senior
Tuition: (Mercy)	\$ 850	\$1,500	\$1,500
Tuition: (Grand View) (\$140 per course hour)	3,360	420	—
Fees: Mercy			
Library/media	40	40	40
Activity	10	10	10
N.L.N. testing	21	20	20
Printed material	25	25	25
C.P.R. kit	4	—	—
Graduation	—	—	95
Totals	\$4,310	\$2,015	\$1,690
Total for 3 years			\$8,015
II. Indirect Costs: Not Payable to Mercy (estimated costs)			
Rent	1,450	1,450	1,450
Food	900	900	900
Uniforms	250	80	150
Transportation (DM commuter)	400	400	400
Books	390	155	155
Personal expense	350	350	350
Totals	\$3,740	\$3,335	\$3,405
Total I and II	\$8,050	\$5,350	\$5,095

Grand View College application fee paid following acceptance to Mercy, \$15.

All costs are subject to change.

Curriculum plans

C-D

Diploma, Mercy Hospital Medical Center School of Nursing

LEVEL I First Year

		Hours of Class Per Week	Hours of Lab Per Week	Hours of Clinical Practice Per Week
(First Term lasts 18 weeks)				
First Term	Anatomy and Physiology I* (4 cr.)	3	2	
	Psychology* (3 cr.)	3		
(18 Weeks)	Nursing 101	5	3	7
	Sociology* (3 cr.)	3		
	Nutrition* (3 cr.)	3		
(Second Term lasts 16 weeks)				
Second Term	Anatomy and Physiology II* (4 cr.)	3	2	
	Developmental Psychology I* (3 cr.)	3		
(16 Weeks)	Microbiology* (4 cr.)	3	2	
	Nursing 102	5		9
	Religious Dimensions in Nursing	3	(8-week course)	

LEVEL II Second Year and First Term, Third Year

First Term	Nursing 201 (Medical-Surgical)	7		16
(17 weeks)	Development Psychology II* (3 cr.)	3		
Second Term	Nursing 202 (Surgical)**	7		16
	Nursing 203 (Mental Health)**	9		16
(17 weeks)	Nursing 204 (Gerontological)**	7		15.5
First Term	Nursing 205 (Parent-Child)**	8		16
(17 weeks)				

LEVEL III Second Term, Third Year

Second Term	Nursing 301 (Adv. Med-Surg.)**	6		23
(17 weeks)	Nursing 302 (Management)**	6		22
	Contemporary Nursing	2 (8-week course)		
	Moral and Ethical Positions in Nursing	2 (8-week course)		

*Courses taken at Grand View College

**Separate courses not necessarily taken in sequence by individual students.
Pharmacology is integrated in all nursing courses.

Curriculum plans

D

Optional plan

To obtain education for:

1. Diploma: Mercy Hospital Medical Center School of Nursing and
2. B.S.N.: Grand View College

Freshmen (August-April)

Curriculum plan as outlined for all Mercy students. Includes 24 credit hours from Grand View College.

*Summer Sessions: Grand View College

May Term	Biology 101	4 credit hours
	Math 111 (or test out)	3 credit hours
June Term	Chemistry 105	4 credit hours
July Term	Chemistry 106	4 credit hours

Junior (August-April)

Curriculum plan as outlined for all Mercy students. Includes three credit hours from Grand View College.

*Summer Sessions: Grand View College

May Term	Pathophysiology (or test out)	4 credit hours
June Term	English 101	3 credit hours
	Psychology 320	3 credit hours
July Term	English 102	3 credit hours
	Elective	4 credit hours

Senior (August-April)

Curriculum plan as outlined for all Mercy students.

Graduation from Mercy Hospital Medical Center School of Nursing in April.

*Summer Session: Grand View College

May Term	Pharmacology (or test out)	3 credit hours
June Term	Religion	3 credit hours
	Speech 101	3 credit hours
July Term	Electives (history/humanities & upper sociology)	6 credit hours

*Take the 3 ACT/PEP tests or write a portfolio to gain 26 hours of nursing credit.

*Fourth Year (August-April)

Grand View College

FALL	SPRING	SUMMER
Math 151 3 credits	Nursing P412 . . . 2.5 credits	Nursing P461 . . . 3 credits
Nursing P351 3 credits	Nursing P422 . . . 4.5 credits	
Nursing P361 3 credits	Nursing 441 3 credits	
Electives 3 credits	Philosophy 3 credits	
History/Humanities		

Students taking courses under this optional program will pay regular tuition rates prevailing when they take the course. The director of Mercy School of Nursing will explain to prospective students the options available under the optional program as outlined above. This schedule is full-time course work for four calendar years; part-time course work is available by contacting the BSN completion coordinator at Grand View College.

Administration and Faculty E-F

Administration

Sister Patricia Clare Sullivan, R.S.M., President
Mercy Health Center of Central Iowa

Vernette Riley, R.N., M.A.
Vice President
Mercy Hospital Medical Center
Diploma, Deaconness Hospital
B.S.N., University of Iowa
M.A., (Nursing) University of
Iowa

Suzanne Mains, R.N., M.S.
Director
School of Nursing
Diploma, Mercy School of Nursing
B.A., Drake University
B.S.N., Chico State University
M.S., (Nursing) University of
California, San Francisco

Faculty

Katherine Aller, R.N., M.S.
Nursing Instructor; Diploma, Mercy School
of Nursing; B.A., M.S., Drake University;
Doctoral Candidate, Drake University

Pat Burch, R.N., B.S. (Nursing)
Nursing Instructor; B.S., Northeast Missouri
State University; Masters Candidate,
University of Minnesota

Sandra Caligiuri, R.N., B.A.
Nursing Instructor; Diploma, Mercy School
of Nursing; B.A., Drake University; Masters
Candidate, University of Minnesota

Joann Conkel, R.N., B.A., B.S.N.
Nursing Instructor; Diploma, Mercy School
of Nursing; B.A., Drake University; B.S.N.,
Grand View College; Masters Candidate,
University of Iowa

Jo Ann Humphreys, R.N., B.S.N.
Nursing Instructor; Diploma, Mercy School
of Nursing; B.S.N., Grand View College;
Masters Candidate, Drake University

Dorothy Horton, R.N., B.S.N.
Nursing Instructor; A.D.N., Des Moines
Area Community College; B.S.N., Grand
View College; Masters Candidate,
University of Minnesota

Barbara Kiefer, R.D., L.D., B.A.*
Lecturer, Nutrition; B.A., Clarke College;
Internship, Los Angeles, California

Charlotte Neumann, R.N., B.A., M.S.*
Nursing Instructor; Diploma, University of
Iowa; B.A., M.S., Drake University

Kathleen R. Palis, R.N., B.S.N.
Nursing Instructor; Diploma, Mercy
School of Nursing; B.S.N., Grand View
College

Sylvia Pals, R.N., B.S.N.
Nursing Instructor; B.S.N., George Mason
University

Helen Roberts, R.N., B.S. (Nursing)
Nursing Instructor; Diploma, Saint Francis
School of Nursing; B.S., Northeast
Missouri State University; Masters
Candidate, University of Minnesota

M. Christine Vest, R.N., B.S.N.
Admissions Counselor; A.D.N., Dakota
Wesleyan; B.S.N., Grand View College;
Masters Candidate, University of
Minnesota

**Mary Elizabeth Whitehouse, R.N.,
B.G.S.***

Lecturer in Ethics; Diploma, Saint
Elizabeth School of Nursing; B.G.S., Drake
University; Masters Candidate, University
of Minnesota

*Part-time Faculty

School Calendar

F

1987-1988

August 3, 1987	Faculty reconvenes
August 17, 1987	Registration: juniors/seniors Juniors/seniors begin classes
August 19, 1987	Registration: freshmen
August 20, 1987	Freshmen begin classes
September 7, 1987	Labor Day vacation
September 8, 1987	Grand View classes begin
November 25, 1987	Thanksgiving recess begins at 8 a.m.
November 30, 1987	Classes resume
December 15, 1987	Juniors/seniors register for second semester Freshmen final week
December 21, 1987	Juniors/seniors Christmas holiday recess begins at 8 a.m.
December 23, 1987	Freshmen Christmas holiday recess begins at 8 a.m.
January 4, 1988	Juniors/seniors resume classes
January 5, 1988	Freshmen register and resume classes
March 7, 1988	Begin spring vacation at 8 a.m.
March 14, 1988	Classes resume
April 1, 1988	Good Friday — Mercy/Grand View No classes
April 29, 1988	Classes end
May 6, 1988	Graduation

Mercy Hospital Medical Center School of Nursing is now located at Mercy Court, 921 Sixth Avenue. The school is on the garden level and includes classrooms, student lounge, study room and faculty offices.

Dormitory rooms are available at Mercy Court for nursing students who desire housing. Each room is modern, substantial in size, and double occupancy with a private bath. A lounge, kitchenette, and laundry facilities are available for student use.

In order to provide housing for students coming the greatest distance, students from the Des Moines metropolitan area are requested to live off campus. Based on availability, Des Moines students may move into the dormitory on a first-come, first served basis. Students who are older than 22 or married are asked to find other living accommodations.

Several food service options are available to students. Meals may be purchased at the Mercy Court Coffee Shop during the day and at the Mercy Court Dining Room for the evening meal. All meals are available in the main building at the Mercy Cafeteria. Readily accessible for the purchase of sundry items is a convenience shop located at Mercy Court.



MERCY HOSPITAL MEDICAL CENTER
SIXTH & UNIVERSITY
DES MOINES, IOWA 50314
515-247-3121